

GET READY

Pack Your Go Bag Now!

We live in uncertain times. Disasters can strike quickly and unexpectedly. Preparation is the key to your family's survival. A great preparedness tool is a "go bag." This handy kit, named for the fact that it should always be ready for you to pick it up and "go" in the event a disaster strikes suddenly, should be something each member of your family owns.

You can create a simple "go bag" for each member of your family by packing a lightweight backpack or duffel with the following items:

Water: One gallon per person per day for at least three days, for drinking and sanitation

Food: at least a three-day supply of non-perishable food

Battery-powered, solar-powered or hand-crank radio

Flashlight with extra batteries

Whistle (to signal for help)

Dust Mask

Multi-purpose tool, like a Swiss Army

Plastic sheeting and duct tape (to shelter in place)

Manual can opener (for food)

Moist towelettes, garbage bags, and plastic ties (for personal sanitation)

Local maps

Cell phone with chargers and a backup battery bank



You may consider including the following items to your go bag based on your individual and family's needs:

Cloth face covering (for everyone aged 2 and older)

Soap, hand sanitizer, disinfecting wipes to disinfect surfaces

Prescription medications

Non-prescription medications such as pain relievers, anti-diarrhea medication, antacids or laxatives

Prescription eyeglasses and contact lens solution

Infant formula, bottles, diapers, wipes, and diaper rash cream

Pet food and extra water for your pet

Cash

Complete change of clothing and sturdy shoes

Sleeping bag or warm blanket for each person

Important family documents (medication list and pertinent medical information, proof of address, etc.)

Fire extinguisher

Feminine supplies and personal hygiene items

Mess kits, paper cups, plates, paper towels and plastic utensils

Paper and pencils